Training section summary: Start here

Welcome to WeSwim!
We're so excited that you're joining us. This section covers everything you need to know before your first session.

Your first session

When to arrive

Please check our website for the start time of the club you're attending: https://weswim.club/swim/
The time listed there is the time we suggest arriving in reception. This gives you 15 minutes to meet the committee member and get changed before getting in the water.

What to bring

- Swimming costume. We suggest trunks for men and a modest one piece for women
- T-shirt / Rash vest to wear in the water
- Goggles
- Optional: swim cap
- Towel
- Optional: flip flops for poolside

What will happen

When you arrive, a member of our committee will be in reception to greet you.
Either before or after you get changed, they will introduce you to a volunteer that you'll be shadowing, and the swimmer that you'll be supporting.
The committee member or other volunteers will guide you to the changing rooms and through to the pool.
You'll get in the water with the volunteer & swimmer you were introduced to. Don't be afraid to get involved in the conversation as well as watching the other volunteer.
About half way through, you may be moved to another pairing to get more of a view of different swimmers at WeSwim.
After an hour, everyone gets out, gets changed, and meets in reception for a well earned biscuit.

Contacts in case anything goes wrong

If you're running late or need to drop out for any reason, that's okay!
Send a message in the WhatsApp group you were added to to let the committee member know.
The Volunteer Coordinator will be in touch with you afterwards to rearrange.